

2019/20 SASC Academy and Group Ice Schedule - Troy Murray Arena

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Sunday		Monday		Tues		Wednesday		Thursday		Friday		Saturday AM				
1:30		Day FS		Day FS		Day FS		Day FS		Day FS		8:30am Str				
1:45												8:45				
2:00												Int/Sr FS				
2:15		Spins Only		Spins Only		Spins Only				Go Auto		9:00				
2:30		Flood		Flood		Flood		Flood				9:15				
2:45		Day FS		Day FS Troy Murray		Str		Day FS		Day FS		9:30				
3:00												9:45 Spins Only				
3:15												10:00 Flood				
3:30		Str		Flood		Day FS		Str		Spins Only		10:15 D/SS				
3:45		CS 1	PS1	Flood		Go Auto D/SS	DRY	Flood		Flood		10:30 Int/Sr FS				
4:00				Jr FS				Jr Str		Jr D/SS		Jr Str		10:45 Int/Sr FS		
4:15		CS2/Adult	PS2	Go Auto Int/Sr FS		Jr FS		DRY	Jr FS		Jr FS		11:00 Int/Sr FS			
4:30				Str		Flood			Flood		Flood		11:15			
4:45				Dry		Go Auto CS3			PS4	CS5		PS7	DRY		11:30 Flood	
5:00		Flood		Flood		Flood		Flood		Int/Sr FS			11:45 CS6 PS8			
5:15		Jr FS		Dry		Go Auto CS4		PS5	CS5		PS7	DRY		12:00 CS6 PS9		
5:30		Flood		Flood		Flood			Flood			Flood		Int/Sr FS		12:15 CS7 PS10
5:45		Dry		Star 1		Go Auto CS4		PS6	Star 1		DRY		Spins Only		12:30 CS7 PS10	
6:00		Jr D/SS		Dry		Flood			Flood		Flood		Flood		1:00 Flood	
6:15		Flood		Flood		SASC Club Development Session		Flood		Flood		Flood		1:15 Jr Str		
6:30		Int D/SS		Powerskating 1				Int /Sr		Int /Sr		Int /Sr		1:30 Jr FS		
6:45		Int FS		Powerskating 2				Int /Sr		Spins Only		Spins Only		2:00 Jr FS		
7:00		Int D/SS						Int /Sr		D/SS		D/SS		2:15 Jr FS		
7:15		Int FS						Int /Sr		D/SS		D/SS		2:30 Jr D/SS		
7:30		Int FS						Int /Sr		D/SS		D/SS		2:45 Jr D/SS		
7:45		Int FS						Int /Sr		D/SS		D/SS		3:00 Jr D/SS		
8:00		Spins Only						Int /Sr		D/SS		D/SS				
8:15		Spins Only						Int /Sr		D/SS		D/SS				

**Subject to Change . Please note that Dryland is 4 days a week for each Skating Level (No make-up sessions if missed, "Drop In" Fee applies.)*

Wednesday Club Development Session Starts Sept 4 Group 1(Gr. 1 3Doubles up, Gr.2 2 Doubles down) ***COACHES RESERVE THE RIGHT TO MOVE SKATERS TO OTHER SESSIONS IF ABILITY/NUMBERS WARRANT. The session

Legend: Day Ice-Open Competitive, Jr-Open STARSkate, Int-Open STARSkate/Comp.

CS- CanSkate PS –Pre School Star1 Gr FS CS- Adult Power Jr.- Junior FS – Freeskate

Int – Intermediate Day/Sr.-Senior D/SS – Dance/Skating Skills Str. –Stroking O – Open