

SPRING SKATE 2023

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	Ice time	Ice time	Ice time	Ice time	Ice time		Ice Time
1:30	Comp.	Comp.	Comp.	Comp.	Comp.		
1:45	Comp.	Comp.	Comp.	Comp.	Comp.		
2:00	Comp.	Comp.	Comp.	Comp.	Comp.		
2:15	Comp.	Comp.	Comp.	Comp.	Comp.	10:00	Canskate
2:30						10:15	Canskate
2:45	Comp	Comp.	Comp	Comp	Comp	10:30	Canskate
3:00	Comp	Comp.	Comp	Comp	Comp	10:45	Canskate
3:15	Comp	Comp.	Comp	Comp	Comp	11:00	Canskate
3:30	Stroking	D/SS	Stroking	D/SS	Stroking	11:15	Canskate
3:45	Stroking	D/SS	Stroking	D/SS	Stroking	11:30	
4:00						11:45	
4:15	Int/Sr	Int/Sr	Int/Sr	Int/Sr	Int/Sr	12:00	Int/Sr
4:30	Int/Sr	Int/Sr	Int/Sr	Int/Sr	Int/Sr	12:15	Int/Sr
4:45	Int/Sr	Int/Sr	Int/Sr	Int/Sr	Int/Sr	12:30	Int/Sr
5:00	Stroking	Junior	Junior	D/SS	Int/Sr	12:45	Int/Sr
5:15	Stroking	Junior	Junior	D/SS		1:00	Stroking
5:30		Junior	Junior		Junior	1:15	Stroking
5:45	Star 1			Star 1	Junior	1:30	
6:00	Star 1	Canskate	Canskate	Star 1	Junior	1:45	Junior
6:15	Star 1	Canskate	Canskate	Star 1	D/SS	2:00	Junior
6:30	Star 1	Canskate	Canskate	Star 1	D/SS	2:15	Junior
6:45						2:30	Stroking
7:00	Int/Sr/Adult	Adult Group	Int/Sr/Adult	Junior		2:45	Stroking
7:15	Int/Sr/Adult	Adult Group	Int/Sr/Adult	Junior		3:00	
7:30	Int/Sr/Adult	Adult Group	Int/Sr/Adult	Junior		3:15	
7:45	Stroking		Stroking	Stroking			
8:00							